

**HPE Mission:** *Provide purposeful physical education, health education, and physical activity programs that empower students to practice lifetime wellness.*

**HPE Vision:** *To have 100% of CMS students graduate socially, emotionally, mentally, and physically healthy and possess the knowledge needed to employ strategies that will help them stay that way.*

**Our Five-Year Plan includes:**

**Goal 1:** *Relationship Building and using SEL to empower students and teachers*

**Goal 2:** *Increase Inclusive practices and Unified Activities*

**Goal 3:** *Help teachers develop a meaningful physical education program in their schools that meets the needs of their students, provides voice and choice in their learning, and teaches lifetime fitness activities.*

**Goal 4:** *Repurpose how we deliver secondary Physical Education and develop new elective PE courses including a partnership with CTE to offer opportunities which will allow students to earn certifications and gain employment.*

**This can be achieved through:**

01	<b>Setting High Academic Expectations</b>	<ul style="list-style-type: none"> <li>• Plan - relevant, engaging, innovative lessons that meet students where they are</li> <li>• Teach - APK, Visible Thinking Routines, SEL</li> <li>• Assess - re-teach, reflect, reassess</li> </ul>
02	<b>Developing Positive Student Experiences</b>	<ul style="list-style-type: none"> <li>• Inclusive - increase sense of belonging</li> <li>• Dependable - consistent routines &amp; Expectations</li> <li>• Supportive - Academic and Career planning</li> </ul>
03	<b>Creating Meaningful Health &amp; Physical Education Opportunities</b>	<ul style="list-style-type: none"> <li>• Focus is on lifetime mental, emotional, and physical health and wellness</li> <li>• Increase opportunities for student voice and choice in health and physical education</li> <li>• Provide a variety of ways for students to demonstrate their health and physical literacy</li> </ul>